

Conformity Listing of Catechetical Texts and Series (APPROVED 08-04-2023, updated January 22, 2024)

Pre-School Series		
Title	Publisher	Specifics
Christ Our Life: God Loves Us (Ages 5-6/Kindergarten)	Loyola Press	©2019
Finding God: Our Response to God's Gifts (Ages 4 to 6)	Loyola Press	©2018
God Made Everything (ages 3 and 4)	Loyola Press	©2008, 2010, 2019
Allelu! Growing and Celebrating with Jesus (3, 4, 5, and K)	Our Sunday Visitor	©2010, 2011, 2012
Allelu! Growing and Celebrating with Jesus (3, 4, 5, and K)	Our Sunday Visitor	©2019
Allelu! Growing and Celebrating with Jesus, Ages 3-4 (PreK-3)	Our Sunday Visitor	©2019
Allelu! Growing and Celebrating with Jesus, Ages 4-5 (PreK-4)	Our Sunday Visitor	©2019
Allelu! Growing and Celebrating with Jesus, Kindergarten	Our Sunday Visitor	©2019
I am Special (3, 4, and K)	Our Sunday Visitor	©2007-2009
Pflaum Gospel Weeklies: What the Church Believes and Teaches (Student Handbook) (3,4)	Pflaum Publishing Group	©2010, ©2018
Stories of God's Love (3,4, 5, and K)	RCL Benziger	©2009, 2011
Discovering God	William H. Sadlier, Inc.	©2000

Elementary Series: School and Parish		
Title	Publisher	Specifics
Faith and Life (1-8)	Ignatius Press	©2002-2005, © 2011, (1-8) © 2011
Word of Life (K-5)	Ignatius Press, Augustine Institute	©2019, 2020, 2022
Christ Our Life: The New Evangelization Edition (1-8)	Loyola Press	©2016
Finding God (7-8)	Loyola Press	©2007, © 2014
Finding God: Our Response to God's Gifts (1-6)	Loyola Press	©2005, ©2013, ©2021
Alive In Christ	Our Sunday Visitor	©2014
Alive In Christ (7-8)	Our Sunday Visitor	©2014
Alive In Christ Young Adolescents (7-8)	Our Sunday Visitor	©2019
Alive In Christ Discovering and Sharing the Kerygma	Our Sunday Visitor	
Faith Fusion: Knowing, Loving, and Serving Christ (grades 3-5)	Our Sunday Visitor	©2016 Catholic Church
Faith Fusion: Knowing, Loving, and Serving Christ	Our Sunday Visitor	©2010
Be My Disciples (1-6)	RCL Benziger	© 2013, © 2014
Be My Disciples (7-8)		© 2019
God's Promise in the Old Testament		© 2014
Christ in the New Testament		© 2014
Christ Reveals God's Mystery Christ in the Liturgy		© 2014
Life in Christ Jesus	RCL Benziger	© 2014
Blest Are We Faith in Action Kindergarten	RCL Benziger	©2019
Blest Are We Faith in Action Parish Edition (1-8)	RCL Benziger	©2019

Blest Are We Faith in Action School Edition (1-8)	RCL Benziger	©2018
A Family of Faith	Sophia Institute for Teachers	©2017
Spirit of Truth (K-8) Parish Edition	Sophia Institute for Teachers	©2018
Spirit of Truth (K-8) School Edition	Sophia Institute for Teachers	©2017
Christ In Us, (K-6)	William H. Sadlier, Inc.	©2021
Christ In Us, (7-8)	William H. Sadlier, Inc.	©2023
We Believe (K-6)	William H. Sadlier, Inc.	©2004, 2011
We Believe Series, We Live Our Faith (7-8)	William H. Sadlier, Inc.	©2007, 2016
We Believe, Catholic Identity Editon	William H. Sadlier, Inc.	©2015

High School Texts

Title	Publisher	Specifics
Catholic Essentials: An Overview of the Faith	Ave Maria Press	©2009
Catholic Social Teaching: Learning and Living Justice	Ave Maria Press	©2001, ©2007
The Catholic Faith Handbook for Youth	Saint Mary's Press	©2004, ©2008
The Catholic Faith Handbook for Youth, Third Edition	Saint Mary's Press	© 2013

High School Doctrinal Framework Texts [the Secondary Level Protocol was approved as a review instrument by the Subcommittee

Title	Publisher	Specifics
Jesus Christ: God's Revelation to the World, Second Edition	Ave Maria Press	©2016 (Framework Core Course I)
Jesus Christ: His Mission and Ministry, Second Edition	Ave Maria Press	©2017 (Framework Core Course II)
Jesus Christ: Source of Our Salvation, Second Edition	Ave Maria Press	©2017 (Framework Core Course III)
Jesus and the Church: One, Holy, Catholic, and Apostolic	Ave Maria Press	©2014 (Framework Core Course IV)
The Church Our Story	Ave Maria Press	©2013 (Framework Core Course IV)
Meeting Jesus in the Sacraments, Second Edition	Ave Maria Press	©2018 (Framework Core Course V)
Your Life in Christ: Foundations of Catholic Morality, Third Edition	Ave Maria Press	©2019 (Framework Core Course VI)
Sacred Scripture: A Catholic Study of God's Word	Ave Maria Press	©2013 (Framework Elective A)
The History of the Catholic Church	Ave Maria Press	©2020 (Framework Elective Course B)
This is Our Church: A History of Catholicism	Ave Maria Press	©2013 (Framework Elective B)
Foundations of Catholic Social Teaching	Ave Maria Press	©2015 (Framework Elective C)
Marriage and Holy Orders: Your Call to Love and Service	Ave Maria Press	©2007 (Framework Elective D)
Your Christian Vocation	Ave Maria Press	© 2019 (Framework Elective D)
Faith and Revelation: Knowing God Through Sacred Scripture	Midwest Theological Forum	©2009, 2012 (Framework Core Course I)
The Blessed Trinity and Our Christian Vocation	Midwest Theological Forum	©2009, 2012 (Framework Core Course II)
The Mystery of Redemption and Christian Discipleship	Midwest Theological Forum	©2014 (Framework Core Course III)
The Church: Sacrament of Salvation	Midwest Theological Forum	©2010, 2012 (Framework Core Course IV)

The Sacraments: Source of Our Life in Christ	Midwest Theological Forum	©2009, 2012 (Framework Core Course
Our Moral Life in Christ	Midwest Theological Forum	©2009, 2013 (Framework Core Course
Understanding the Scriptures	Midwest Theological Forum	©2010, 2013 (Framework Elective A)
The History of the Church	Midwest Theological Forum	©2010, 2013 (Framework Elective B)
The Social Doctrine of the Catholic Church	Midwest Theological Forum	©2013 (Framework Elective C)
Vocations and the Universal Call to Holiness	Midwest Theological Forum	© 2018 (Framework Elective D)
Ecumenism and Interreligious Dialogue, Semester Edition	Midwest Theological Forum	©2020 (Framework Elective E)

High School Doctrinal Framework Texts [the Secondary Level Protocol was approved as a review instrument by the Subcommittee

Title	Publisher	Specifics
Revelation and the Old Testament	Saint Mary's Press	©2019 (Framework Core Course I)
The Bible: The Living Word of God	Saint Mary's Press	©2011 (Framework Core Course I)
The Living Word: The Revelation of God's Love	Saint Mary's Press	©2015 (Framework Core Course I)
Jesus Christ and the New Testament	Saint Mary's Press	©2019 (Framework Core Course II)
Jesus Christ: God's Love Made Visible, Second Edition	Saint Mary's Press	©2015 (Framework Core Course II)
The Paschal Mystery and the Gospels	Saint Mary's Press	©2020 (Framework Core Course III)
The Paschal Mystery: Christ's Mission of Salvation, Second Edition	Saint Mary's Press	©2016 (Framework Core Course III)
The Church: Christ in the World Today, Second Edition	Saint Mary's Press	©2016 (Framework Core Course IV)
The Church: Foundations and Mission	Saint Mary's Press	©2020 (Framework Core Course IV)
Sacraments and God's Grace	Saint Mary's Press	©2021 (Framework Core Course V)
The Sacraments: Encounters with Christ	Saint Mary's Press	©2012 (Framework Core Course V)
Christian Morality: Our Response to God's Love	Saint Mary's Press	©2012 (Framework Core Course VI)
Morality and God's Love	Saint Mary's Press	©2021 (Framework Core Course VI)
Church History: Apostolic Times to Today	Saint Mary's Press	©2013 (Framework Elective B)
Catholic Social Teaching: Christian Life in Society	Saint Mary's Press	©2012 (Framework Elective C)
Vocations: Answering God's Call	Saint Mary's Press	©2013 (Framework Elective D)
Spirit of Truth: Revelation of Christ in Scripture	Sophia Institute for Teachers	©2019 (Framework Core Course I)
Spirit of Truth: Encountering Christ	Sophia Institute for Teachers	©2019 (Framework Core Course II)
Spirit of Truth: The Paschal Mystery	Sophia Institute for Teachers	©2019 (Framework Core Course III)
Spirit of Truth: The Church is Christ's Living Body	Sophia Institute for Teachers	©2019 (Framework Core Course IV)
Spirit of Truth: The Sacraments	Sophia Institute for Teachers	©2020 (Framework Core Course V)
Spirit of Truth: A Moral Life in Christ	Sophia Institute for Teachers	©2020 (Framework Core Course VI)
Spirit of Truth: Sacred Scripture	Sophia Institute for Teachers	©2020 (Framework Elective A)
Spirit of Truth: Catholic Social Teaching	Sophia Institute for Teachers	©2020 (Framework Elective C)
Spirit of Truth: Christ's Church and World Religions	Sophia Institute for Teachers	©2021 (Framework Elective E)

Adolescent Catechesis		or newest version
Title	Publisher	Specifics

Altaration: The Mystery of the Mass Revealed (This includes the DVD set, the student workbook & leader's guide)	Ascension Press	©2015
Catholic Essentials: An Overview of the Faith	Ave Maria Press	©2009
Youth Ministry Access	EQ Saints (formerly-Center for Ministry Development)	©2008-12
Life Teen: High School Life Nights	Life Teen	©2009-2010
Life Teen: Middle School- Edge Nights	Life Teen	©2010/11
YDisciple	NET Ministries (formerly-Augustine Institute)	©2013

Sacramental Preparation Materials [These materials are only a part of catechetical preparation and do not reflect a complete presentation of all of the elements]

Title	Publisher	Specifics
Chosen: Your Journey Toward Confirmation	Ascension Press	© 2016
Signs of Grace: You are Forgiven-Preparing for First Reconciliation	Augustine Institute	©2018
Signs of Grace: You are Loved-Preparing for First Holy Communion	Augustine Institute	©2018
Word of Life (K-2)	Ignatius Press, Augustine Institute	©2019, 2020, 2022
Decision Point	Dynamic Catholic	©2014
God's Gift Eucharist (Primary)	Loyola Press	©2009, 2016
God's Gift Reconciliation (Primary)	Loyola Press	©2009, 2016
God's Gift Reconciliation and Eucharist (Intermediate)	Loyola Press	© 2016
Christ Our Life: Confirmed in the Spirit	Loyola Press	©1997
Encounter with Christ, Eucharist and Reconciliation	Our Sunday Visitor	© 2016
Anointed in the Spirit – A High School Confirmation Program	Saint Mary's Press	©2011
Go Seek Find: Eucharist	Saint Mary's Press	© 2017
Go Seek Find: Reconciliation	Saint Mary's Press	© 2017
Believe Celebrate Live Confirmation	William H. Sadlier, Inc.	©2018
Believe Celebrate Live Eucharist (Primary)	William H. Sadlier, Inc.	©2017
Believe Celebrate Live Reconciliation (Primary)	William H. Sadlier, Inc.	©2017

Materials in Other Languages

Title	Publisher	Specifics
Creemos/We Believe (K-6)	William H. Sadlier, Inc.	©2005, 2011, 2017
Creemos y celebramos Primera Comunión	William H. Sadlier, Inc.	©2007
Creemos y celebramos Primera Reconciliación	William H. Sadlier, Inc.	©2007

Education and Human Sexuality

Title	Publisher	Specifics
Growing in Love (K-8)	Harcourt (OSV Curriculum)	©2001

Family Life Series	RCL Benziger	©2011
Theology of the Body for Teens-Middle School	Ascension Press	©2011
Theology of the Body for Teens-High School	Ascension Press	©2008

Approved Diocesan Methodologies	
<i>Intergenerational Faith and Family Faith Formation:</i>	
<p><i>Intergeneration Faith Formation</i> is an approach to religious formation that incorporates every generation within the parish community, not just the children or youth. It was established in the Diocese of Des Moines over 15 years ago. Those parishes who utilize intergenerational formation show that it nurtures children, adolescents, and adults to identify with and integrate into the parish faith community because their learning and formation takes place in the context of community: all ages learning together. One of the key features of <i>Intergeneration Faith Formation</i> is the use of take home materials for the family: no matter what size or developmental period the family is in.</p> <p><i>Family Faith Formation</i> focuses on the faith development of entire families and equips all family members as missionary disciples while it also encourages and supports parents in their mission of teaching the faith to their children. Recognizing that God is actively present in family life and that the family is the first community in which God forms his children, we encourage parishes to offer family faith formation programs as a primary form of catechesis that serves to engage all family members in lifelong faith growth and witness.</p>	<p>For more information please contact John Gaffney 515-237-5026, or jgaffney@dmdiocese.org</p>
<i>Catechesis of the Good Shepherd:</i>	
<p>The Catechesis of the Good Shepherd is an approach to the religious formation of children from age three through adolescence that was established and approved in the Diocese of Des Moines more than ten years ago. The Catechesis of the Good Shepherd highlights essential aspects of the Christian message that nurture the child's need to love and be loved and the child's capacity to enjoy God's presence in her/his life. It is rooted in the Bible, the liturgy of the Catholic Church, and the educational principles of Maria Montessori. One of the key features of the Catechesis of the Good Shepherd is the use of catechetical materials specially designed for children. Another feature is the use of a prepared environment, called the Atrium, to foster children's religious</p>	<p>For more information please contact Mary Heinrich 515-321-9440 or maryandkurt12@gmail.com</p>

Publishers & Phone Numbers	Websites
Ascension Press 1-800-376-0520	www.ascensionpress.com
Augustine Institute 303-937-4420	www.augustineinstitute.org
Ave Maria Press 1-800-282-1865 ext. 1	www.avemariapress.com
Center for Ministry Development 1-888-723-2433	www.cmdnet.org
Dynamic Catholic 1-859-980-7900	www.dynamiccatholic.com
EQSaints (Youth Ministry Access-now EQAccess) May 2021 launch	www.egsaints.com
Faith Formation 763-757-1148	www.familyformation.net
Ignatius Press 1-800-651-1531	www.ignatius.com
Loyola Press 1-800-621-1008	www.loyolabooks.com
Midwest Theological Forum 630-541-8519	www.theologicalforum.org
NET Ministries (YDisciples) 651-450-6833	www.netusa.org
Our Sunday Visitor-OSV 1-800-348-2440	www.osvcurriculum.com
Pflaum Publishing Group 800-543-4383, ext. 1136	www.pflaum.com
RCL -Benzinger (Be My Disciples) 1-877-275-4725	www.bemydisciples.com
RCL -Benzinger 1-877-275-4725	www.rclbenzinger.com
Saint Mary's Press 1-800-533-8095	www.smp.org
Sophia Institute /Sophia Press 1-800-888-9344	www.sophiainstitute.com
William H. Sadlier, Inc. 1-800-221-5175	www.sadlierreligion.com